

# Nutrition Facts

Serving Size: 1 Roll (57g)  
Servings Per Container: 12

Amount Per Serving

**Calories** 130      **Calories from Fat** 50

% Daily Value\*

**Total Fat** 6g      **9%**

Saturated Fat 2.5g      **13%**

Trans Fat 0g

**Cholesterol** 10mg      **3%**

**Sodium** 310mg      **13%**

**Total Carbohydrate** 14g      **5%**

Dietary Fiber 1g      **4%**

Sugars 0g

**Protein** 5g

Vitamin A 8%      •      Vitamin C 2%

Calcium 8%      •      Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Southwestern Chicken Veggie Rolls

# DB600700

## INGREDIENTS

FILLING: Seasoned chicken (chicken meat, water, flavoring, salt, sodium phosphate), pasteurized process cheese food blend [pasteurized process Pepper Jack cheese (Monterey Jack cheese (pasteurized cultured milk, salt, enzymes), water, jalapeño peppers, bell peppers, cream, sodium phosphates, salt, sorbic acid (preservative), oleoresin capsicum), Mozzarella cheese (pasteurized part skim milk, cheese cultures, rennet, salt), pasteurized process Monterey Jack cheese (Monterey Jack cheese (pasteurized milk, salt, cheese cultures, enzymes), water, sodium phosphates, cream, salt)], spinach, black beans (black beans, water), whole kernel corn, red bell peppers, water, binding agent [modified food starch (corn), corn starch, methyl cellulose, egg white powder, xanthan gum, guar gum], seasoning [chili powder (chili pepper, cumin, salt, oregano, spices, garlic), salt, corn syrup solids, hydrolyzed corn protein, spices, honey powder (maltodextrin, honey), dried chicken stock, brown sugar, flavor (natural flavor, salt, autolyzed yeast, dried chicken stock), flavor (maltodextrin, salt, natural flavor), molasses powder (molasses, maltodextrin), natural smoke flavor], cilantro, fully refined soybean oil, jalapeño peppers (jalapeño peppers, salt, acetic acid), minced garlic (garlic, water). TORTILLA: Enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, palm oil. Contains 2% or less of: salt, leavening (baking soda, sodium aluminum sulfate, corn starch, monocalcium phosphate and/or sodium acid pyrophosphate, calcium sulfate), dough conditioners (fumaric acid, L-cysteine), calcium propionate, citric acid and potassium sorbate (to preserve freshness), guar gum.

**ALLERGY INFORMATION**      Contains: Milk, Wheat, Soy, Egg.

## PACKAGING / STORAGE

Each box has a dozen 2-oz. rolls in a resealable bag (Net wt: 24 oz.) Freezer – 6 Months.

## PREPARATION INSTRUCTIONS

Note: Remove product from plastic bag before heating. Caution: After heating, product will be hot!

### HOME CONVENTIONAL OVEN

- Thaw under refrigeration. Preheat oven to 375° F. Place rolls on baking sheet.  
Cook 10-12 minutes (or until internal temperature is 165° F).

### MICROWAVE OVEN

- If thawed under refrigeration: Place on microwave-safe dish. Cook on high 30-45 seconds
- If frozen: Place on microwave-safe dish. Cook on high 1 to 1½ minutes. *Enjoy!*

Manufactured by Double B Foods, Inc., Meridian TX